



Friday
December 19, 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

WANTED

Overdue books



Check your room and empty your backpack! Make sure all overdue materials are returned to the library before the break.

LOST AND FOUND



Please take the time to check out the lost and found in front of Career Center and the bin by the Gym



BUY YOUR YEARBOOK



INFO

- Available on School Cash Online
 - We sold out last year, so don't miss out!
 - No extra copies will be ordered.
 - You must have all school fees paid in order to pick up your book.
- 
- 

\$60

Buy before
December 19

HWSS Stocks Competition

by HWSS Stock Trading Club

Rules

Do not exploit bugs, and if you do encounter one, please email me so I can adjust your equity accordingly (127-BZHENG@sd43.bc.ca)

All participants gets Timbits & No cost of entry

Play in our stocks trading simulation to improve your financial literacy and Trading Strategies!

Now - June 8th, 2026

MarketWatch

Join teams for more information!



Meetings Always
Monday Lunch

At room 301 (Mr. Sather)

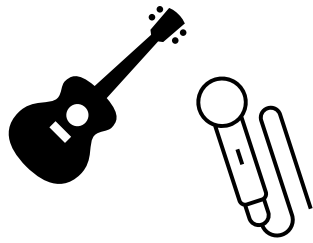


Donate any clothes, fabrics, textiles, etc.



Bins in rooms 237, 238, 309

Green Garments



OPEN-MIC DAYS



Every Wednesday
During Lunch
At the Grand hall

Can be singing, dancing,
playing an instrument,
and more

Come and show your
skills by performing for
everyone on open-mic
days!



Scan QR code to sign up!

Spirit Week





Live Music Holiday Series

- **HWSS Jazz Bands**
- **Performance**
- **Friday, Dec. 19**

Come and enjoy your **LUNCH** while listening to our Jazz Bands

Where? [in front of the Theatre](#)

Featuring the Junior and Senior Jazz Bands

Live Music Holiday Series

- **HWSS Vocal Jazz**
- **Performance**
- **Friday, Dec. 19 – after school**

Come and enjoy your holiday send off from school while listening to our Vocal Jazz

Where? in front of the Theatre

They'll get you in the Spirit and Holiday Cheer for the Holidays.



FREE Hot Cocoa

Time: Dec 19, during lunch

Location: Grand hall

You can also vote
for other snacks
with this QR code



HWSS Inclusion Support:

ARTS & CRAFT FAIR



This year, HWSS students have raised \$200 for BC Children's Hospital!

In addition to our profits from last year, our students have raised a total of \$800 for BC Children's Hospital and will be dropping off their donation in the new year.

Thank you to the support of the HWSS Philanthropy class, the STEAM lab, and our Tech Leaders this year for making a memorable and meaningful experience for our inclusion students.

**You Can
Make a
Difference.**

How Much Plastic Does the Average Teen Use In a Year?

- 150 plastic water bottles
 - 250 pieces of plastic cutlery
 - 300 food wrappers & packaging items
 - 100+ cups, lids, or straws
- That's 800+ pieces of plastic per student every year.

Most plastic waste is used for minutes, but lasts hundreds of years in the environment

HWSS PRIDE CLUB PRESENTS
WORD OF THE WEEK
COMING TO YOU IN 2026

TO TEACH YOU ABOUT GENDER
IDENTITIES AND SEXUALITIES
YOU DIDN'T KNOW ABOUT

YOU CAN ANONYMOUSLY REQUEST YOUR GENDER/SEXUALITY TO BE INCLUDED IN
OUR WORD OF THE WEEK



CLUBS



A close-up photograph of white chess pieces on a dark board. The pieces are in sharp focus, including a king, a queen, and a knight. The background is blurred, showing other pieces and the board's squares.

Chess club

Heritage Woods victory
over Terry Fox Secondary

15.5 pts vs. 12.5 pts

- Room 308
- Daily lunch time drop in
- Come play for home



KODIAK ATHLETICS



HERITAGE Rugby



IF YOU ARE INTERESTED OR PLAN ON PLAYING GIRLS OR BOYS RUGBY THIS SPRING, PLEASE SIGN-UP NOW! MEETINGS WILL NOT TAKE PLACE UNTIL THE NEW YEAR.



SIGN-UP USING THE QR CODE BEFORE DECEMBER 19TH.



CAREER CENTER



STUDENT POLICE ACADEMY

- The New Westminster Police Department is looking for students aged 16-18 who have a desire to learn about a career in policing.
- The Student Police Academy is a week-long program (March 16 to March 20, 2026) designed to provide students with an unforgettable and educational experience in law enforcement. Participants will have the opportunity to engage in hands-on activities, learn from experienced professionals, and develop valuable skills that extend beyond the classroom.
- This program is ideal for students who are looking to expand their knowledge and get a behind the scenes look at all aspects of policing. From physical conditioning and self-defense tactics, to scenario-based simulations and firearm safety, you will receive the most up to date police training.
- This is your opportunity to see what it takes to be a police officer!



- **Eligibility requirements:**
 - ❖ You are a student in grade 10, 11, 12.
 - ❖ **AND** are between the ages of 16-18;
 - ❖ You are a Canadian Citizen or Permanent Resident;
 - ❖ You have a desire to learn about a career in policing;
 - ❖ You want to expand your knowledge around law enforcement ;
 - ❖ You are motivated, compassionate and empathetic with a genuine desire to help others;
 - ❖ You are committed to attending the program for the entire week; and,
 - ❖ You support and promote a diverse, inclusive, and healthy environment.
- <https://www.nwpolice.org/join-nwpd/student-police-academy/>
- **Deadline to apply: January 07, 2026**



Cmolik Foundation Scholarship

Heritage can
nominate ONE
student only. Read
carefully as this one
has very specific
criteria!

Eligibility Criteria: (must meet all criteria)

- Academic ability to be successful at post-secondary**
- Ineligible for BC Tuition Waiver**
- Faced adversity and has legitimate & significant financial need**
- BC resident living in Canada for at least 7 years**
- Intending to begin FT Study at university, college or trade school**
- Evidence of leadership involvement and good work ethic**

To Apply:

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.
GPA: _____** (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
- 3. Include a Heritage Woods Financial Need Form.**
- 4. Provide a reference letter from a community member (not a teacher or staff member from Heritage Woods Secondary School).**
- 5. Provide the name of 1 Heritage Woods Teacher/Staff Member who has agreed to be a reference for you. _____**

Student Name: _____ email: _____

Student #: _____ DOB: _____ |

****One student will be nominated!***

Due to Ms. Butler by:

Wed. January 07, 2026 by 12:30!



Schulich Leader Scholarship

Heritage can nominate one student only so read up on this award and the criteria carefully before you to apply to be nominated. Those who meet all criteria are most likely to be nominated.

Eligibility Criteria: (priority to those who meet all criteria)

- Academic Excellence**
- Outstanding community, business or entrepreneurial leadership**
- Financial Need**
- Canadian Citizen,**
- Intending to begin University Study in September 2026**
- Enroll at a partner university in a STEM field**

To Apply:

- 1. Hand in an Unofficial Transcript from the BC Ministry of Education site.**
GPA: ____ (Please calculate your own GPA by adding all of your %'s and then divide by the # of courses. Include all completed courses from Grades 10-12)
- 2. Write a 1 page; double spaced, 12 font size, single sided paragraph stating why you meet the criteria for this award and why you should be selected.**
- 3. Include a Heritage Woods Financial Need Form.**
- 4. Provide a reference letter from a community member (not a teacher or staff member from Heritage Woods Secondary School).**
- 5. Provide the name of 1 Heritage Woods Teacher/Staff Member who has agreed to be a reference for you. _____**

Student Name: _____ **email:** _____

Student #: _____ **DOB:** _____

****One student will be nominated!***

Due to Ms. Butler or Ms. Birsan by:

Friday January 09, 2026 by 12:30!

REO

RESEARCH EXPLORATION OPPORTUNITY



Tour first-class research facilities



Learn basic lab techniques and experiments




Be mentored one-on-one by lab personnel

GENERAL INFORMATION


REO offers high school students, especially those from underrepresented groups* in STEM, the free unique opportunity to explore research labs at partner universities across Canada during a week of spring break.

*e.g., women in tech, LGBTQ+, Indigenous peoples, racial minorities, and youth residing in rural or low-income areas

About REO at UBC

 Eligibility: Grades 9 - 12 students

 Timeline: March 16 - 20, 2026

 Location: UBC Vancouver Campus

For more info, check out linktr.ee/ubcstemfellowship

SCAN HERE TO APPLY



Deadline: January 9th, 2026



Please direct questions to:
ubc@stemfellowship.org

BC Excellence Application for nomination is due to Ms. Butler Jan. 15, 12:30PM

- There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.
- You **must be nominated by your secondary school** in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website.
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- **Application for nomination:**
- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>
- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
 - [meet basic eligibility requirements](#);
 - be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
 - fulfill the requirements of the B.C. Graduation Program;
 - be graduating in the same year the scholarship is awarded; and
 - have the following final marks.
 - Minimum “B” average in grades 11 and 12 courses required for graduation.
 - Minimum “B” (73% or above) in Language Arts 12.
 - Minimum “B” average, no more than one “C+” (67% or above), and no marks lower than “C+” in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.
- **Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.**

COMMUNITY



UBC Black Futures

- The Black Futures program is a unique opportunity for Gr. 11 and 12 Black students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education.
- Last year’s program was hugely successful, and we anticipate that this year will be too. With a slogan of “if you can see it, you can be it”, it allows students to envision their academic future. **Students DO NOT need to be planning on attending UBC to be a part of this program.**
- The program consists of four in-person meetings at UBC. High school students will meet with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend. Transportation to and from UBC will be provided and students will be chaperoned by SD43 teachers.
- If you are interested, please see Ms. Butler by **December 18th**, to add your name to the list—there are only 10 spots available, so don’t wait!

